

Holiday At Home

A new British Methodist initiative for older people

Holiday At Home – Regular groups

Many churches have work with retired people.

- Fellowship Groups
- Wesley Guild
- Luncheon Clubs

But when the summer comes these groups stop, the volunteers go away,

but many of the old people do not.

Holiday At Home – Not Holiday Away

They do not go because:

- They have lost their spouse or the friends they used to holiday with
- They have lost confidence
- They struggle to travel long distances or even go away
- They prefer their own bed

The Purposes of Holiday At Home

- To offer radical hospitality to those in the “third-age” of life (those who have or will soon retire who are active or semi-active).
- To do something different whilst their normal groups are not meeting.
- To make new friends and deepen existing friendships.
- To keep their mind active.
- The more active ones support the less active.

Why Holiday At Home In Highworth ?

- In Highworth, the church where I work, the highlight of the week is the hour-long Thursday coffee morning.
- Elderly congregation of 17 and the last working member retires next month.
- My wife’s Aunt Lily, aged 90, attended one at her church and loved it.
- So we hold three consecutive days in August and one day every other month.

What happens for Holiday At Home

- 10:00 Arrivals – Tea, coffee and chat
- 10:30 Crafts or boards games
Painting, card making
Old games – Chess, Scrabble
Or learning new games – Ticket To Ride Europe,
Settlers of Catan, Othello

What happens for Holiday At Home

- 12:00 Lunch
- 13:00 Quiz or entertainment
- 14:45 Final tea or coffee
- 15:00 Home time

Also all day:

- Quiet room
- Jigsaws
- Large print Quiz books (crosswords, Suduko)